

September 21, 2012



Volume 1, Issue 1

# The Splash

## SECRETS OF THE DEEP

Welcome Back to another exciting and fulfilling MOPS year! This year's theme is *PLUNGE*. The emphasis is on relationships and hope. We want to communicate a message of hope and create an atmosphere of supportive relationships that moms need to survive a world of constant change. Taking the plunge in a relationship is being authentic and going deeper. All facets of relationships can be strengthened through taking risks, going deeper and showing authentic love-neighborhood, friendships, marriages, ex-

tended families, the world around us and ultimately relationship with God.

*Most of all, love each other  
as if your life depended on it.*

*(1 Peter 4)*

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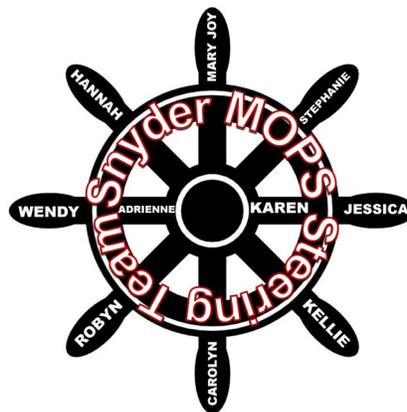
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## DEEP SEA DIVING-Mentor Moments



*“Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.”*

**By: Carolyn Owens**

As a wedding director, I often ask the Bride and Groom why they decided to get married. Their answers have been everything from “I love him”; “I want to spend the rest of my life with her”; “No one else will have me”; and “We decided to take the plunge”.

When you decided to get married and “take the plunge”, you were saying before God and to each other that you wanted to be immersed in the love that you have for one another. When you married, the “M” in the word “Me” was turned upside down to become a “W” so that “Me” is less important now, and “We” becomes most important. You also formed a triangle relationship with God at the top point of the triangle and each of you in one corner at the bottom of the triangle looking upward to Him for guidance, support, and love as well as looking across to each other for support and love.

Our marriage vows and our relationship to God can be summed up in this scripture from

Romans 12:9-12. “Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in brotherly love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, and faithful in prayer.”

Celebrate each day of your marriage and thank God for your relationship with Him and for your relationship with your husband.

### Herb and Cheese Bubble Loaf

Prep: 40 min Rise: 1.5

hrs Bake: 35 min

- 2 1/2 to 3 cups all-purpose flour
- 1 package active dry yeast
- 1 cup milk
- 1 TB butter
- 1 cup shredded cheese (Cheddar or Mozzarella work great)
- 1/4 cup butter, melted
- 2 TB snipped fresh parsley (optional)
- 1/2 tsp dried oregano, crushed
- 1/2 tsp dried marjoram, crushed
- salt

## THE SNACK SHACK by Holyn Bogert

1. In a large mixing bowl combine cup of the flour and the yeast, set aside. In a small saucepan heat and stir milk, the 1 TB of butter, and 1/2 tsp of salt just until warm and butter almost melts. Add milk mixture to dry mixture. Beat with an electric mixer on low to medium speed for 30 seconds, scraping sides of bowl often. Beat on high speed 3 minutes. Stir in cheese and as much of the remaining flour as you can.
2. Turn dough onto a floured surface. Knead in enough remaining flour to make a moderately stiff dough that is smooth and elastic (6 to 8 minutes). Shape dough into a ball. Place in a lightly greased bowl, turn once. Cover, let rise in a warm place till nearly double in size (about 1 hour).
3. Punch dough down. Turn dough onto a lightly floured surface. Cover and let rest for 10 min. Meanwhile, lightly grease a 1 1/2 quart casserole or a 9x5x3 loaf pan. Stir together the 1/4 cup melted butter, parsley, oregano, and marjoram. Set aside.
4. To shape, on a floured surface roll out dough from center to edges, forming an 8x6-inch rectangle, cut into 48 pieces. Gently pull each portion of dough into a ball, tucking edges beneath. Roll each ball in butter mixture. Arrange balls, smooth sides up, in prepared dish. Cover, let rise in a warm place till nearly double in size (30 to 40 min).
5. Bake in a 375-degree oven 35 to 40 minutes or till bread sounds hollow when tapped (cover loosely with foil the last 10 to 15 minutes of baking to prevent overbrowning). Remove bread from baking dish. Serve warm. Makes 1 'loaf' (about 16 servings...or 3 very generous ones!



## Play date of the Month

This October 10th at 10am we will be going to West Produce for some fun, fellowship and to get into the Harvest spirit and enjoy the pumpkins!

We will play, picnic and see the animals for FREE! There is an optional hayride at an additional cost. Remember, it's Bring Your Own Lunch! Contact Jennifer Hannah for info/registration at [Jennifer.hannah1@gmail.com](mailto:Jennifer.hannah1@gmail.com).

# Happy Birthday!

SEPTEMBER

4th-Patty Salina    14th-Halena Luffler    17th-Bridget James

23-Tiffany Diven    26-Jennifer Parschal



Love as if your life depended on it.

— 1 Peter 4:8



October 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- MOPS monthly meeting 9:30am
- MOPS Morning In 9:30am
- MOPS Night Out 4pm-8pm
- Play date in the park 10am
- West Produce 10am

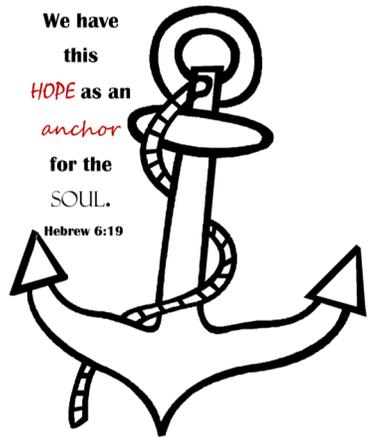
GET READY FOR WILD WEDNESDAYS!

Join us the last Wednesday of each month for a  
**PLAYDATE IN THE PARK!**

Wednesday, October 31 10:30am

Honeycutt Park

B.Y.O.L. (Bring your own lunch!)



### ***MONTHLY PLUNGE CHALLENGE-***

Don't be afraid to make a connection! Put yourself out there and say hello to someone you don't know at the next meeting!

**"Accept one another, then, just as Christ accepted you, in order to bring praise to God." (Romans 15:7)**

### ***THE CAPTAINS WHEEL***

This will be a piece from Adrienne about what to expect at next months meeting and a short devotional about this months meeting.